

Bio Sheet

**Jerry Fabyanic, author of *Sisyphus Wins*
& *Food for Thought: Essays on Mind
and Spirit***

www.jerryfabyanic.com

Full Bio:

Jerry Fabyanic is the award-winning author of the novel *Sisyphus Wins* and *Food for Thought: Essays on Mind and Spirit*. He is also an essayist and podcaster. Jerry is an erstwhile teacher of English and social studies who counts Herman Melville, John Steinbeck, Toni Morrison, Carl Jung, and Joseph Campbell among the thinkers who have influenced him most.

Jerry lives in the historical mining town of Georgetown in Clear Creek County, Colorado, where he explores the symbolic world of myth and story in his writings from atop his aerie. As the years pass, Jerry's love affair with the Colorado Rocky Mountains has grown deep. He has climbed thirty-four of Colorado's 14'ers, has run seven marathons, and still loves carving the bumps through the powder and timber of Mary Jane's Eagle Wind territory.

Jerry has learned the importance of being mindful. His daily practice is to pay attention to guideposts, junctures that initially seem coincidental but prove to be path-altering experiences. Whether running at 8,500 feet, skiing moguls, or reaching for an out-cropping at 13,000 feet, Jerry reminds himself of his place and role as a denizen of Mother Earth.

You can read more about Jerry and his works at www.jerryfabyanic.com.

Short bio:

Jerry is a novelist, essayist, and podcaster. He is an erstwhile teacher of English and social studies. When not in his aerie reading, writing new works, and taking in the expanse of Guanella Pass he runs, hikes, and skis the bumps at Mary Jane.

Targeted Audience:

The curious minded